

PALATINE TIGER SHARK SWIM TEAM

The Palatine Swim Team is a multi-ability level program that offers competitive opportunities, technique development, and fun for swimmers ages 6 and older. The Swim Team is divided into progressive groups. Open tryouts are held twice a year (usually March and July), however, new swimmers may join the team at any time throughout the year by contacting the swim office at 847-202-3240. Team coaches make the final determination for group placement and advancement to the next level. Group sizes may be limited.

Practices during the school year may be held beginning at 4:00 pm, Monday-Friday and beginning at 8:00 am on Saturday, at various pool locations depending on your group assignment. When school is out for the summer and vacations, practices may be held beginning at 6:00 am for older and more advanced swimmers and beginning at 8:00 am or beginning after 4:00 pm for the younger swimmers. Visit www.ppdswim.org for schedules and times.

Registration is held during regular office hours at the Community Center. **All swim team registration requires a separate registration form.** Non-residents are required to pay an additional fee. Families registering more than 2 swimmers will receive a \$15 discount starting with the third swimmer.

Registration fees are payable to the Palatine Park District by check, Visa, Mastercard, or Discover. A separate check for swim team fees and a separate check for escrow costs are required.

Registration at Early Bird Registration guarantees a team t-shirt for each swimmer registered. After Early Bird Registration, a limited number of t-shirts will be available on a first-come, first-served basis.

Additional Swim Team Fees are the same for both resident and non-resident.

Park District registration fees do not cover all swim team expenses so additional swim team fees are necessary. Swim team fee commitments are paid at registration.

- Each member of the Tiger Shark Swim Team must be a member of Illinois Swimming and United States Swimming.
- Swim team fees and escrow costs vary for each group.
- Escrow covers costs of USA/ISI Swimming (an annual cost, expiring December 31 of each year; non-refundable) and of entering individual and relay events at Swim Meets. Any swimmer not registered with USA/ISI Swimming in the current year must pay an additional escrow fee of \$60. Unused escrow is refundable.
- Families can offset the cost of future swim team fees by participating in the team's ongoing fund-raising opportunities.

All NEW swimmers must have a try-out before registering for any group.

Fall Tryouts

July 25 & 26 • 9:00 am
Birchwood Pool

Early Bird Registration (Short Course)

August 22 • 6:00 - 8:00 pm
Birchwood Recreation Center



*For participants who register August 22.

Pre-Competitive • October 11 - February 18

Beginning Swimming Group • A great way to introduce your swimmer to competitive swimming. This group is targeted for new swimmers. It is designed to bridge the gap between swimming lessons and competitive swimming. Swimmers must be able to complete 25 yard freestyle (front crawl) with rotary breathing and 25 yards of backstroke. Competition will be held intra-squad during regular practice times towards the end of the season. Practice is offered three times a week. Practices will be 45 minutes in length. The coaching staff suggests attending all practices to get the most benefit from this group. For ages 6 and older.

Required Equipment: Training Fins

Prog #	Fee	Swim Team Fee	Escrow
9362-9	\$81 R/\$122 NR	\$111	\$60

Novice • September 12 - February 18 or end of Swimmer's Season

Novice Swimming Group • Novice offers swimmers the opportunity to progress from pre-competitive to competitive swimming. Swimmers must be able to complete 25 yards of all four competitive strokes. Practice is offered three to five times a week. Practices will usually be one hour in length. The coaching staff recommends attending three practices a week to get the most benefit from this group. For ages 6 years and older.

Prog #	Fee	Swim Team Fee	Escrow
9363-9	\$111 R/\$167 NR	\$167	\$150

Developmental • September 12 - February 18 or end of Swimmer's Season

Developmental Swimming Group • Developmental offers swimmers the chance to learn the training basics of competitive swimming including introduction to interval training, goal setting, dryland basics, and distance swimming. Practice is offered four to five times a week, one hour in length. The staff recommends attending four practices a week to get the most benefit from this group. For ages 8 years and older.

Required Equipment: Training Fins

Prog #	Fee	Swim Team Fee	Escrow
9364-9	\$129 R/\$194 NR	\$197	\$150



Swim Team Registration is not available OnLine.

Top Age Group Team (Tag Team)

Advanced Age Group Training Team • TAG Team swimmers are expected to understand interval training, basics of dryland training, and goal setting. Swimmers in these groups must demonstrate a commitment to train at this level. Swimmers should have some competitive swimming experience. Swimmers assigned to the TAG team may have the option of registering for either TAG 1 or TAG 2. Some swimmers may be assigned to a particular group. TAG 1 swimmers will practice longer and have very strict meet and practice attendance requirements that must be adhered to.

Tag 1 • September 12 thru end of Swimmer's Season

Practices will be 1.5 to 2 hours in length (30 minutes longer than Tag 2). Minimum 80% practice and meet attendance required. Five to six training sessions a week are offered (more in summer). For ages 11 years and older with considerable swimming experience.

Required Equipment - Training Fins, Pull Buoy, Hand Paddles, Snorkel

Prog #	Fee	Swim Team Fee	Escrow
9367-9	\$227 R/\$341 NR	\$370	\$275

Tag 2 • September 12 thru end of Swimmer's Season

Practices will be no longer than 1.5 hours in length. Minimum 60% practice and meet attendance required. Five to six training sessions a week are offered. For ages 9 years and older with considerable swimming experience.

Required Equipment - Training Fins, Pull Buoy, Snorkel

Prog #	Fee	Swim Team Fee	Escrow
9366-9	\$211 R/\$317 NR	\$327	\$225



Have you MOVED?

Download a Registration Address Change Form at www.palatineparks.org/forms.html. Return the completed form with all names in household to the Community Center, Birchwood Recreation Center, or Falcon Park Recreation Center.

Fall/Winter Training Group • September 12 thru end of Swimmer's Season

Five to six training sessions a week toward state and regional USA Swimming competition. A great group for high school swimmers training towards the high school seasons. Swimmers are encouraged to participate in all USA Swimming hosted meets. For swimmers entering high school and older.

Required Equipment - Training Fins, Pull Buoy, Hand Paddles, Snorkel

Full Training

Prog #	Fee	Fund-raising	Escrow
9368-9	\$226 R/\$339 NR	\$405	\$150

High School Girls Senior

Prog #	Fee	Fund-raising	Escrow
9369-9	\$142 R/\$213 NR	\$224	\$100

High School Boys Senior

Prog #	Fee	Fund-raising	Escrow
9370-9	\$116 R/\$174 NR	\$159	\$100

Winter Senior Elite Training Group •

September 12 thru end of Swimmer's Season

Senior Elite is for upper level athletes. This training group is geared toward local, regional, and national competition. Swimmers must have coach's approval and be willing to travel and compete in regional and national level meets. Practice is offered six to ten times a week. Championship meet participation required. For coach approved swimmers ages 14 and older.

Required Equipment - Training Fins, Pull Buoy, Hand Paddles, Snorkel

Full Elite Training

Prog #	Fee	Fund-raising	Escrow
9371-9	\$278 R/\$417 NR	\$549	\$275

High School Girls Elite

Prog #	Fee	Fund-raising	Escrow
9372-9	\$205 R/\$308 NR	\$274	\$150

High School Boys Elite

Prog #	Fee	Fund-raising	Escrow
9373-9	\$137 R/\$206 NR	\$223	\$150



www.ppdswim.org